

Mental Health Training for Juvenile Justice (MHT-JJ) Virtual Train-the-Trainer

7-Week Agenda

Demo Training Review:

May 16 - June 6

Live Training Sessions:

June 7 & June 14

Practice Sessions:

Week of June 27

*choose one day - numerous one-hour time slots available

Part I: Demo Training Review (May 16 – June 6)

Participants will be given access to a password protected portal where they will have three weeks to go through the standard MHT-JJ training at their own pace. This will allow participants to experience a standard training and will help to prepare participants as we move onto the live training sessions where participants are taught how to administer the curriculum.

The virtual demo training was designed to mirror the in-person training experience. Each module has interactivity built throughout including quizzes and discussion question prompts to encourage participant engagement. NCYOJ will be verifying participation by reviewing answers for correctness and completeness before participants can move onto the live sessions.

Participants are required to complete the demo training by Monday, June 6.

Weeks 1-3 (May 16 - June 6) will consist of the following:

- I. Welcome to the Virtual T3
 - a. Optional welcome session on Zoom
 - b. Review Train-the-Trainer Schedule
- II. Module One: Introduction
- III. Module Two: Adolescent Development
- IV. Module Three: Child Trauma
- V. Module Four: Adolescent Behavioral Health
- VI. Module Five: The Family Experience
- VII. Module Six: Working with Youth – What You Can Do
- VIII. Module Seven: Effective Interventions
- IX. Module Eight: Taking Care of You

*The standard training is 8-hours but when done virtually varies on participant. We estimate 7 - 8.5 hours will be spent on this section and recommend that participants split up the modules over the 3-week period rather than complete all in one sitting.



Part II: Train-the-Trainer (June 6 – July 1) (dates specified below)

Part II (Weeks 4-7) consists of three live sessions (including a practice session) on pre-determined dates and times that participants are required to be present at. NCYOJ will be using Zoom as a platform and requires that participants join using video and microphone if they have the capability to do so. Participants will be sent a hard-copy of the MHT-JJ Instructor Manual prior to beginning Part II.

Weeks 4-7 (June 6 - July 1) will consist of the following:

Week 4 (Live – 2.5 hours) (Tuesday, June 7, 1:00pm – 3:30pm ET)

- I. Welcome to Part II
 - a. Introductions and Icebreaker
- II. Educating the Adult Learner
- III. Review Module Goals and Objectives, Highlights, and Training Tips: Modules 1-4

Week 5 (Live – 2.5 hours) (Tuesday, June 14, 1:00pm – 3:30pm ET)

- I. Review Module Goals and Objectives, Highlights, and Training Tips: Modules 5-8
- II. Group Discussions and Q&A with Master Trainers
- III. Prep for Practice Sessions

Week 6 (Self-Paced)

- I. Frequently Asked Questions (video)
- II. Expectations and Resources for Certified Trainers (voiced-over PowerPoint)
- III. Self-Reflection on Engaging the Adult Learner (questionnaire)
- IV. Identification of Goals to Better Engage Adult Learners

Week 7 (Live – 1 hour time blocks) (Week of June 27, times TBD)

- I. Individual Practice Presentation Assignments and Live Feedback
 - a. Participants sign up for a one-hour time slot to present a small section of the curriculum and receive live feedback from a master trainer and other participants. *Multiple days and times available - participants will be sent a link to choose a day and time.