

# Mental Health Training for Juvenile Justice (MHT-JJ) Virtual Train-the-Trainer

## 5-Week Agenda

**Demo Training Review:**  
October 18 - November 1

**Live Training Sessions:**  
November 2 and 9

**Practice Sessions:**  
Week of November 15

\*choose one day - numerous one-hour time slots available

## Part I: Demo Training Review (Oct. 18 – Nov. 1)

Participants will be given access to a password protected portal where they will have two weeks to go through the standard MHT-JJ training at their own pace. This will allow participants to experience a standard training first-hand and will help to prepare as we move onto the live training sessions where participants are taught how to administer the training.

The virtual demo training was designed to mirror the in-person training experience. Each module has interactivity built throughout including quizzes and discussion question prompts to encourage participant engagement. NCYOJ will be verifying participation by reviewing answers for correctness and completeness before participants can move onto the live sessions.

**Participants are required to complete the demo training by Monday, November 1.**

Weeks 1-2 (October 18 - November 1) will consist of the following:

- I. Welcome to the Virtual T3 (optional welcome session on Zoom)
  - a. Background on the MHT-JJ
  - b. Review Train-the-Trainer Schedule
- II. Module One: Introduction
- III. Module Two: Adolescent Development
- IV. Module Three: Child Trauma
- V. Module Four: Adolescent Behavioral Health
- VI. Module Five: The Family Experience
- VII. Module Six: Working with Youth – What You Can Do
- VIII. Module Seven: Effective Interventions
- IX. Module Eight: Taking Care of You

\*The standard training is 8-hours but when done virtually varies on participant. We estimate between 8-9.5 hours will be spent on this section and recommend that participants split up the modules over the 4-week period rather than complete all in one sitting.



## Part II: Train-the-Trainer (Nov. 2 – Nov. 19) (dates specified below)

Part II (Weeks 3-5) consists of three live sessions (including a practice session) on pre-determined dates and times that participants are required to be present at. NCYOJ will be using Zoom as a platform and requires that participants join using video if they have the capability to do so. Participants will be sent a hard-copy of the MHT-JJ Instructor Manual prior to beginning Part II.

Weeks 3-5 (November 2 - November 19) will consist of the following:

### Week 3 (Live – 2.5 hours) (Tuesday, Nov. 2 from 11:30am - 2:00pm ET)

- I. Welcome to Part II
  - a. Introductions and Icebreaker
- II. Educating the Adult Learner
- III. Review Module Goals and Objectives, Highlights, and Training Tips: Modules 1-4

### Week 4 (Live – 2.5 hours) (Tuesday, Nov. 9 from 11:30am - 2:00pm ET)

- I. Review Module Goals and Objectives, Highlights, and Training Tips: Modules 5-8
- II. Small Group Discussion & QA with Master Trainers
- III. Prep for Week 7

### Week 4 (Self-Paced)

- I. Frequently Asked Questions (video)
- II. Expectations and Resources for Certified Trainers (voice over PowerPoint)
- III. Self-Reflection on Engaging the Adult Learner (questionnaire)
- IV. Identification of Goals to Better Engage Adult Learners

### Week 5 (Live – 1 hour time blocks) (Week of Nov. 15, times TBD)

- I. Individual Presentation Assignments and Live Feedback
  - a. Participants sign up for a one-hour time slot to present a section of the curriculum and receive live feedback from trainers and other participants.  
\*Multiple days and times available - participants will be sent a link to choose a day and time.